

Nurturing and Supportive Home Environment for Young People Aged 13-18 Years

#### Introduction

Choice Living offers comfortable home for Children and young people aged 13-18 years with different needs, from complex to mild.

We have specialist trained staff, including, but not limited to autistic spectrum disorder (ASD), complex associated difficulties and mental health needs







## Supporting the needs of the young people

Choice Living is a specialist children's home for young people and provides daily living experiences and activities which are meaningful, memorable and designed to meet their individual needs.

Choice Living benefits from a large and experienced staff team. The Managing Director is trained at Kings College London as a qualified Nurse and has worked at Guys Hospital in London Bridge as staff nurse. She also has a Master's Degree in Business Administration. Our training and compliance Manager is a Ph.D holder with top flight training and compliance experience. All of the residential support workers are either qualified with a NVQ Diploma Level 3 or are working towards this qualification. All management grade staff also either hold the equivalent of a NVQ Diploma Level 5 qualification in or are working towards this. The children's home is staffed 24/7 on a rota basis, with appropriate consideration given to balancing the skills and experiences of the staff team, with the needs and interests of the children and young people. The home also operates with waking night support workers seven nights per week.

Every young person residing within Choice Living Houses are individually assessed to ensure that a bespoke package of care and support is tailored to their individual needs, including the structure and ratio of their support staff. Our Services is committed to helping young people to manage their own behaviour as positively as possible. This is seen as a necessary ongoing learning experience that helps develop and equip each young person for life as they reach adulthood. Recognising and praising self-managed positive behaviour is seen as a proactive and preferred use of time and energy, rather than an emphasis focusing on negative behaviours.

Our aim is that all of the young people achieve an enhanced degree of emotional stability through individualized care planning and target setting. We focus on providing support to help the young people lead fulfilling, happy, meaningful lives which prepare them as much as possible for an independent adult life.

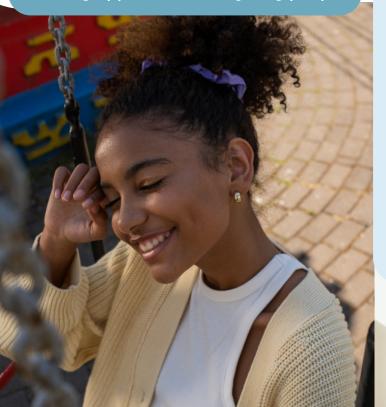
Choice Living aims to seek partnership with specialist schools that can be point of referral and offer formal educational services for its clients in a customized and person centred way. Delivering joint education and care packages provides consistency for the children and young people.

Any reviews or behaviour strategy meetings which take place are always done jointly to share best practices and to ensure that strategies are consistent across both settings.

# Choice Living Guarantee Offer

#### We guarantee:

- Packages of support are tailored to the individual needs of each child
- Bespoke care packages and individually tailored services provided for young persons
- Staff exhibit empathy to every young person and all live as one big family.
- Everybody has a sense of belonging giving them ownership of the rooms and spaces.
- All of the young people have their own individualised bedrooms.
- Each house benefits from a named house manager and designated staff team
- A range of additional communal rooms for the residents to relax and enjoy
- Garden where young people benefit from safe access to play and fresh air
- A wide variety of both on-site and community-based activities.
- Full support for educational and training opportunities for young people.









### **Our Commitment**

At Choice Living, we want young people to be as prepared as possible for transition to adulthood, as well as support them to access education, training and employment. We support young people to gain life skills.

We build resilience in young people. Giving young people a sense of belonging;

Promote positive learning experience; feeling in control; and having strong, enriching relationships.





The children and young people are supported to maintain any existing recreational, sporting and cultural activities of interest to them. We also encourage the residents to explore new interests to broaden their life experiences within the community, and to expand their personal and social skills.

They are encouraged to participate in meaningful activities that will enhance their opportunity to develop life skills, their own interests and hobbies.

All existing recreational, sporting and cultural activities are reviewed and will be ongoing throughout the planning and review processes thereafter.

The range of activities include:

- Chosen day trips, including farms and theme parks
- Disco's
- Regular meals out
- Swimming
- Shopping
- Trampolining
- Walks in the park







#### Get in touch

For more information on Choice Living services, please contact us today:

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